

GENTLE GIANT CLASSIC

26 September 2026

Rockfields Theatre, Centurion, Pretoria

PRIZE MONEY TOP 3,

Top 6 Medals & Winning Trophy

PRIZE MONEY – GG SKIN FORMAT

- Each entry fee of R1500, a R1000 will be added to the specific line-up for prize money.
- The more entries on the line up the more prize money per line up.
- Winner 50%,
2nd Place 30%,
3rd Place 20%.
- Top 3 of each line up will split the total received of the specific line up entries.
- Example A:
10x Entries = Total R10 000.00 prize money
1st Place = R5000.00 prize money
2nd Place = R3000.00 prize money
3rd Place = R2000.00 prize money
- Example B:
2x Entries = Total R2000.00 prize money
1st Place = R1000.00 prize money
2nd Place = R1000.00 prize money
- Example C:
5x Entries = Total R5000.00 prize money
1st Place = R2500 prize money
2nd Place = R1500 prize money
3rd Place = R1000 prize money

PAY IT FORWARD

The winner of each line up will receive an envelope with cash after the line up prize giving to give it away or pay it forward to any athlete on his/her specific line up.

ATHLETE WEIGH IN

Everybody must attend the weigh-in to confirm weight and height.
Athletes must wear posing attire at weigh-in and ladies please bring your shoes.
Music collection at weigh-in.

Weigh in Sat 26 September: 8am – 10am

Registration online <https://www.gentlegiantpromotions.com>

Entry fee online for athletes: R1500.00

Entry fee at weigh in: R1800.00

Cross over line ups: R1500.00

TAN, HAIR & MAKEUP

Jan Tana R750.00 Book online www.jantanaafrica.com

Hair & makeup Book with service provider direct.

SHOW INFORMATION

Tickets for sale at weigh in and at the door on competition day

Show begin:	11:00
Spectator fee full day:	R300.00
Kids under 12years>	R100.00
Kids under 6 years	FREE
Backstage pass:	R500.00 (include show ticket)

CATEGORIES

Men's Bodybuilding	up to 80kg / over 80kg
Men's Classic Bodybuilding	one line up
Men's Classic Physique	one line up
Men's Physique	one line up
Men's Muscular Physique	one line up
Ladies Bikini	one line up
Ladies Beach Bikini	one line up
Ladies Wellness	one line up
Ladies Body Fitness	one line up
Ladies Physique	one line up
Ladies Fit Model	one line up

NB

TENTATIVE RUNNING ORDER WILL BE SHARED ONE WEEK PRIOR TO COMPETITION DATE.

THE ORGANIZER HAS THE RIGHT TO CHANGE LINE UPS, CATEGORIES, AND PROGRAM AT ANY TIME.

ATHLETES MUST REGISTER ONLINE; THIS WILL ENSURE YOU ARE ADDED TO A WHATSAPP GROUP WHERE INFORMATION WILL BE SHARED.